

Proper Use of the Coaching Box

1. When you have teams and parents on the same sideline.
 - A. Coaches are required to stay within the box that has been drawn parallel to and one yard from the touchline. At no time should they advance to the touchline.
 - B. Only the rostered head coach and up to two assistant coaches are allowed to coach from the coaching box.
 - C. Players, parents, and other spectators are required to be behind the coach's box, but within the limits of the coaching box.
 - D. No one is allowed to be in the area from the end of the coaching box (normally the beginning of penalty area) to the goal line. No one is allowed behind the goal line area.
 - E. It is the coach's responsibility to explain the above to his/her players, parents, and other spectators.

2. When you have teams on one side of the field and parents, spectators, etc. on the opposite side of the field.
 - A. The coaching box is a parallel line to and one yard from the touchline. It will extend from the center toward each goal and will stop at the penalty area. There will be a vertical line one yard long going away from the touchline.
 - B. Coaches are required to stay within the box. At no time should they advance to the touchline.
 - C. Coaches and players will not be allowed to cross the center stripe on the sideline.
 - D. Players will report to the center stripe when entering and leaving the field. Home team will be on the left of the centerline facing the field.
 - E. Only the rostered coach and up to two assistant coaches will be allowed to be with the players.
 - F. Parents and spectators will be required to be located on the opposite side of the field behind a line on their side of the field two yards from the touchline. A two yard vertical line extend going away from the touchline at the end of each line.
 - G. No one is allowed to be in the area from the end of the coaching box (beginning of the penalty area) to the goal line. No one is allowed behind the goal line area.
 - H. **NO** coaching is allowed from the parents/spectators side of the field. Relax and let the kids enjoy their game.
 - I. It is the coach's responsibility to explain the above to his/her players, parents, and spectators.

3. Coaches, players, parents, and spectators arriving at field prior to their game and while a game is still being played will abide by the above rules.